

Summary Abstracts 2024-3 Journal

Editor's Column

This standard feature provides commentary from the current *Journal* Editor, Kim Stanchfield, RN, COHN-S. She reflects on the success of the 2024 AOHP National Conference and how members – and the practice of occupational health – benefit from the education and support the organization provides.

Staying Current on Government Affairs

In his *Journal* column, Stephen Burt, MFA, BS, AOHP Government Affairs Committee Chair, provides analysis of recent legislative and administrative activities. He reviews the Final Rule of the OSHA Hazard Communication Standard, which has been updated to align with the United Nations' Globally Harmonized System of Classification and Labelling of Chemicals, and clarifies the impact of the changes on occupational health and safety professionals.

Association Community Liaison Report

This regular *Journal* article details how AOHP gains visibility as an expert regarding occupational health issues. In this edition, Bobbi Jo Hurst, BSN, RN, MBA, COHN-S, provides: OSHA updates on recordable injuries and the Safe + Sound campaign; Health Action Alliance's efforts to support inclusion and equity at work; new respiratory reporting requirements from the NIOSH; and the benefits of recovery friendly workplaces.

Perspectives in Healthcare Safety

Cory Worden, PhD (ABD), MS, CSHM, CSP, CHSP, ARM, REM, CESCO, shares his insights on occupational safety in healthcare in this standing column. This issue's feature – *Risk Control or Overcontrol?* – explores the challenges that arise when self-control evolves into overcontrol and how overcontrol disorder relates to occupational health and safety.

Research

Asha Roy, PhD, OTD, OTR/L, MS, MBA, MAS, PS HQ, CSPHP, CWcHP, CEAS II, AEOAS, is the Chair of the AOHP Research Committee. Her article in this issue – *Partnering for Success: A Guide to Employee Health's Role in Safe Patient Handling and Mobility (SPHM)* – reviews the importance of collaborating with various departments in the healthcare organization to achieve maximum success in developing, implementing, and sustaining SPHM programs.

Improving Health and Employment Outcomes for Employees Living with Heart Disease: The Value of Cardiac Rehabilitation

This fact sheet from the Million Hearts® initiative outlines the burden of heart disease among working adults, the value of cardiac rehabilitation (CR) on employee health and employment outcomes, and proposed actions to increase CR enrollment among employees with or at risk for a CR qualifying condition. The initiative is co-led by the Centers for Disease Control and Prevention and the Centers for Medicare & Medicaid Services.

A Report on the EXPO-S.T.O.P. "Fill the Gap" Blood and Body Fluid Exposure Incidence in 369 U.S. Hospitals for 2019-2023

This report, from AOHP's latest EXPO-S.T.O.P. survey, examines data from hospitals throughout the United States and presents a national, high-level overview of blood and body fluid exposure incidence over the past five years.

Sarcopenia and the Worker – Is This the Next Epidemic Waiting to Happen?

Dr. Thomas Gilliam explains the potential negative impacts of sarcopenia (low muscle mass with a loss of muscle strength) on the U.S. workforce and highlights the benefits of resistance exercise, diet, and vitamin and mineral supplements to decrease the risk of sarcopenic workers.

Evaluation of a Nurse-Managed Continuous Remote Monitoring Program for COVID-19 Positive Healthcare Personnel

A pilot continuous remote patient monitoring (cRPM) program was deployed as part of an occupational health nurse practitioner (OHNP)-led program to monitor 166 participating high risk COVID-19-positive university employees from June 2020 to July 2021. This paper evaluates the participant experience following enrollment in cRPM and documents how rapid initiation of this program was impactful for these employees at an urban health system. Authors are: Kathryn J. Vanderzwan, DNP, APRN, ACNP-BC; Shaveta Khosla, PhD, MPH; Janey Kottler, DNP, APRN, FNP-BC; Rebecca Mischak, MSN, APRN, ANP-BC, COHN-S/CM; Summer Roeschley-Park, DNP, APRN, FNP-BC; Mara Clarke, DNP, APRN, FNP-C; Jean Eichenberger, MS, RN, COHN-S/CM; David Chestek, DO; David C. Marder, MD, MPH; Terry Vanden Hoek, MD, FACEP.