

Summary Abstracts 2024-2 Journal

Editor's Column

This standard feature provides commentary from the current *Journal* Editor, Kim Stanchfield, RN, COHN-S. She reflects on the willingness of the AOHP Executive Board to embrace change and try new things, which benefits the membership and supports success in the practice of occupational health.

Staying Current on Government Affairs

In his *Journal* column, Stephen Burt, MFA, BS, AOHP Government Affairs Committee Chair, provides analysis of recent legislative and administrative activities. He answers the question, "Are Musculoskeletal Disorder Stretching Programs Recordable?" by explaining a recent OSHA guidance memorandum that clarifies when employers must record and report injuries that require Active Release Techniques and stretching for employees.

Association Community Liaison Report

This regular *Journal* article details how AOHP gains visibility as an expert regarding occupational health issues. In this edition, Bobbi Jo Hurst, BSN, RN, MBA, COHN-S, provides: updates on COVID-19 and influenza vaccinations; OSHA standards development, injury tracking, and Safe+Sound Week; and AOHP's work to cultivate and strengthen partnerships with other organizations.

Perspectives in Healthcare Safety

Cory Worden, PhD (ABD), MS, CSHM, CSP, CHSP, ARM, REM, CESCO, shares his insights on occupational safety in healthcare in this standing column. This issue's feature – *Surviving Safety – Part Six* – explores the importance of positive reinforcement in sustaining a successful safety management system. Incentive and recognition programs, as well as safety fairs and other special events, optimize positive reinforcement to promote participation and engagement in safer workplaces.

OSHA Unveils Text of Unprecedented Federal Heat Standard

OSHA recently released the text of Heat Injury and Illness Prevention in Outdoor and Indoor Work Settings that, if finalized, would create the first federal standard aimed at protecting workers from exposure to heat hazards in the workplace. Author Stephen Burt, MFA, BS, documents the key requirements of this proposed standard, including development of a Heat Injury and Illness Prevention Plan and a Heat Emergency Response Plan. He also reviews the control measures employers must implement when temperatures reach initial and high heat triggers, as well as information about training, and recordkeeping and reporting.

The Quality of the Future Workers of America – Not Looking Too Good!

Dr. Thomas Gilliam explains the factors that are leading to an increase in sarcopenia (low muscle mass) and dynapenia (low muscle strength and power) in today's youth. He explores the influence that poor muscle health in young people will have on the workforce of the future, especially in physically demanding jobs, and the ensuing impact on occupational health and safety professionals in the years to come.